Dear St. John’s School Community,

I thought I would share some feedback from our Parent Information Session last week with Richard Bennett.

‘Richard was a wonderful presenter, I definitely walked away with some great insights into raising happy and healthy children, thank you St Johns for bringing such great speakers to the school for us to hear and learn from’

‘an insightful and relaxed evening, great to be able to ask questions and hear from such a well-respected person. Definitely going to read his book.’

‘I attended the information session hosted by Dr Richard Bennett last Thursday evening. As a parent of two small children I found his presentation very informative. Richard’s experience was evident and the examples he shared from the sporting environment made the information very practical. Richard listened to questions and experiences of the parents in attendance. The advice he gave in his responses was both encouraging and helpful.

The take home messages for me were,

- The importance of providing physical activity opportunities for your children, good nutrition and most importantly good rest and recovery time.
- As parents and the adults in the relationship with our children we must provide the constant in their lives, we must help our children understand their emotions and their reactions to what life throws at them.
- School can provide another very positive environment for our children and regular communication between home and school is very important.

Class teacher allocations have now been finalised for 2016. We are excited to welcome two new staff to our School and provide two shared teaching opportunities for 2016.

2016

Prep: Charlene Grieger
Prep: Naomi Gibbons/Melinda Looker (1 day)
Year 1: Stephen Illingworth
Years 1/2: Deidre Priebbenow
Years 1/2: Melinda Troeth
Year 3: Carrie Veith/Janelle Kratzmann (1 day)
Years 3/4: Hannah Huf
Years 3/4: Anna Burger
Year 5: Margie Foott
Year 5: Laura Chadwick
Year 6: Steve Tkaczuk

Janelle Kratzmann has been associated with the St John’s community since 2005 as a specialist teacher, involved in Years 5/6 with release and support time and as a replacement for a long service leave position in Years 3/4 last year. Melinda Looker is our current Science teacher and is a previous Prep teacher at St John’s.

The part time Art Teacher’s position for 2016 will be advertised this weekend.

I can do all things through Christ who strengthens me.
- Philippians 4:13

You can improve all the time and keep pressing toward the mark of perfection, but you will always need Jesus as long as you are here on earth.

God’s blessings

Brian Schultz, Head of School

ABSENCES:
If your Child is to be absent from School, please inform the School Office by 9.30am either by phone 5221 5221, email admin@stjohns.vic.edu.au or by using the SMS service “0418712263”. Please note this number will only send and receive SMS messages - it will not receive telephone calls.
Matthew 5:1-15 – The Beatitudes

This week’s Chapel Service was focused on the Beatitudes. The Beatitudes are Jesus’ way of telling people that they are extremely blessed, even though circumstances may look very bad or undesirable. Each saying speaks a blessing upon a person, resulting from the possession of a certain character quality. Jesus was saying happy are those who have these inward qualities. Here is a list of the Beatitudes paraphrased in a way that expresses their simplest meaning...

1. Blessed are those who recognize their need for God, for they will enter into his kingdom.
2. Blessed are those who mourn for their sins, for they will be forgiven.
3. Blessed are those who submit to God as Lord, for they will receive everything God possesses.
4. Blessed are those who long for the Lord, Jesus Christ, for he will satisfy their souls.
5. Blessed are those who show mercy through forgiveness, kindness and compassion, for they will receive mercy.
6. Blessed are those who have been purified from the inside out, being made clean and holy, for they will see God.
7. Blessed are those who have a restored relationship with God, through Jesus Christ and who bring this same message to others. All those who have peace with God are called his sons.
8. Blessed are those who live openly for God and get a hard time because of it, for they will receive the kingdom of heaven.

Melinda Troeth J3 Classroom Teacher

Birthdays

Happy birthday to the following students who are celebrating their birthday over the next week.

<table>
<thead>
<tr>
<th>Name</th>
<th>Date</th>
<th>Color</th>
</tr>
</thead>
<tbody>
<tr>
<td>Marley</td>
<td>6th November</td>
<td>RED</td>
</tr>
<tr>
<td>Hamish</td>
<td>6th November</td>
<td>J2</td>
</tr>
<tr>
<td>Tia</td>
<td>7th November</td>
<td>S2</td>
</tr>
<tr>
<td>Zachariah</td>
<td>7th November</td>
<td>M2</td>
</tr>
<tr>
<td>Liam</td>
<td>10th November</td>
<td>Yellow</td>
</tr>
<tr>
<td>Thomas</td>
<td>11th November</td>
<td>J2</td>
</tr>
<tr>
<td>Abby</td>
<td>12th November</td>
<td>J3</td>
</tr>
<tr>
<td>Juliet</td>
<td>12th November</td>
<td>J3</td>
</tr>
</tbody>
</table>

Message from Accounts

We have received a deposit in the bank last week without any details only the wording “Transfer”. Please contact the School Office if you think this may be you.

Tina Adam, Accounts

Canteen News

PLEASE NOTE: Canteen Day is on Wednesday but orders need to be received on the Tuesday before.

Expressions of interest for volunteers are being sought. The Canteen can only operate with the generosity of volunteer helpers. Please consider if you are able to help for a few hours. Please leave your name at the School Office.

St John’s Community Christmas Carol Evening

To celebrate the start of Advent and the Christmas season, St John’s Lutheran School will host a Community Christmas Carols Evening on the School Oval on Sunday, November 22nd. The Carols will begin at 6.30pm and run for about one hour, including a nativity play by students and a Choir performance.

Prior to the Carols, a sausage sizzle will start from 5.30pm and there will be cold drinks available. Gold coin donations for these items will help cover costs with any proceeds going to Australian Lutheran World Service. Please BYO camping chairs, picnic rugs and other snacks. All welcome. No alcohol please.

We look forward to a wonderful night of celebration, music and worship as a community. If anyone would like to help by setting up or cooking several hundred sausages from about 4pm (or whenever you are free), please let the School Office know.

Involvement in the Nativity Play

A notice was sent home last week for students who would like to be involved in the Nativity Play at the Carols Evening. These notices will need to be returned in order to join in the Play.

Angela McLean, Student Wellbeing Coordinator

Student Wellbeing News

Visit from Richard Bennett

Thank you to the parents who attended the session with sports psychologist Richard Bennett. I personally found the session enormously informative both as a parent and a Wellbeing Coordinator. I’m sure each person who attended will have embraced and remembered different aspects of the information shared. Richard began by reminding us - **all humans have basic needs that include sleep, good nutrition, physical activity, social connectedness and rest. Taking care of these needs for your children is essential for health and wellbeing** – but it is also important for us as parents. It can be easy in this era of parenting to set aside our own needs in favor of the needs of our children. There were many other ideas shared that perhaps added a unique perspective to parenting – another tool to help when we make decisions each day and face many challenges in a quickly changing world. At St John’s, we are very keen to continue to partner with parents to support all the students’ journey through childhood, so hope to provide more sessions in the future.

Help Needed

A plea for help from any parents who have a Friday afternoon free to help me sort through costumes for the Nativity Play. There is a large number of enthusiastic participants this year and I am concerned there may not be enough costumes for the angels and sheep. If you are able to help on the next three Friday afternoons from 2pm please contact Angela McLean or leave a message at the Office.

Angela McLean Student Wellbeing Coordinator
Kinder Orientation- KINDER CLOSED
On Tuesday 10th November the Kinder will be closed to run an Orientation Day for 2016 families. This will coincide with the Prep Orientation Day.

We wish all of our current Kinder children all the best for their first experiences of Prep next Tuesday. We are so excited for you.

Kinder Information Night 2016
On Wednesday 18th November there will be an Information Night for the 2016 Kinder families.

Teddy Bear’s Picnic
Both Red and Yellow Group children got to meet their buddies this week at the annual Teddy Bear’s Picnic. I personally was very impressed with how the buddies were really kind and caring of our Kinder children. It was a really important step in the Kinder transition to School process and I am confident some really strong connections were made.

Excursion Feedback
Both Red and Yellow Groups thoroughly enjoyed their excursions to Narana and the Eastern Gardens Playspace. I would like to thank the parent helpers who made this excursion really easy to manage.

Red Group has put together “Our thoughts about Narana” book, whilst Yellow Group has made a special display in the Kinder. I encourage all parents to look at both groups work, as it reflects what the children learnt from their experiences.

Christmas Concert Update
The children have been practising very hard for the upcoming Christmas Concert. I would like to thank the small committee of parents who have volunteered to update our costumes. Thank you to the Parents and Friends Committee for purchasing the new material. I am confident that the children will look amazing on the night.

Upcoming Events

**NOVEMBER**
- 6th Geelong Hospital Excursion- both groups
- 10th 2016 Kinder Families Orientation Day- KINDER CLOSED
- 17th Red Group Eden Park Visit
- 18th Yellow Group Eden Park Visit
- 18th Kinder 2016 Information Night
- 25th Yellow Group Christmas Concert - Children to arrive at 5.30pm, Concert to start at 6pm
- 26th Red Group Christmas Concert - Children to arrive at 5.30pm, Concert to start at 6pm

**DECEMBER**
- 8th Red Group End of Year Party
- 9th Yellow Group End of Year Party

Raelene Roede, Kindergarten Team Leader

Musical Notes

Choir
The Middle and Senior Choirs will be performing at the St John’s Community Carols Evening on Sunday 22nd November. All students are to wear casual clothes. Choristers are requested to meet at 6.15pm in the School Hall.

Our annual McDonald’s lunch is to be held on Thursday 19th November. Student order forms should already have come home and are due back with payment NO LATER THAN Wednesday 11th November. This is a reward to the students for all their fabulous work throughout the year!

NEW! – Prep - Year 2 Choir: All students are welcome to attend rehearsals on Wednesday lunchtime for a song we will perform on Sunday 22nd November at our Community Carols Evening. We are gathering together any singers that wish to be involved to perform on the night. All students are welcome but they must attend the lunchtime rehearsal.

Debbie Howard, Music Teacher

Years 5 & 6 House Debating News
This Wednesday we held our Years 5 & 6 House Debating competition. It was a tough competition and the results were very close. Well done to everyone in Years 5 & 6 for contributing in the preparation stage. It was a wonderful morning and the students showed real expertise in their efforts. Thank you also to Mr Schultz and Mrs Pelchen who were our encouraging adjudicators.

And the winners are:

- **Parkes** (Negative) There is no need for a school uniform.
  - Best Speakers: Lachlan, Elizabeth
- **Higgins** (Affirmative) School canteens should be able to sell junk food.
  - Best Speakers: Tia, Jasmine
- **Deakin** (Affirmative) Homework should be compulsory.
  - Best Speakers: Milly, Ezekiel, Rose
- **Parkes** (Affirmative) Dogs and cats make the best pets.
  - Best speakers: Max, Imogen

Margie Foott, Years 5/6 Teacher
Art Awards

The Kaiser Gift Vouchers go to: Ezekiel (S1) and Priya (J1)

Art Awards:

<table>
<thead>
<tr>
<th>Name</th>
<th>Class</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Grace</td>
<td>J2</td>
<td>For being a great helper in the Art Room.</td>
</tr>
<tr>
<td>Oscar</td>
<td>M2</td>
<td>For great overcast stitching on his felt pocket.</td>
</tr>
<tr>
<td>Max</td>
<td>S1</td>
<td>For carefully painting his Geelong icon design on a white tile using porcelain paints.</td>
</tr>
<tr>
<td>Anela</td>
<td>P2</td>
<td>For making a fantastic robot using recycled materials.</td>
</tr>
</tbody>
</table>

By Millie P2

By Anela P2

Glenda Partridge, Art Teacher

Basketball News

St John's Bobcats Basketball Team.

Saturday 7th November - 9.00am

Leeanne

Netball News

St John's Swifts

On Wednesday night, the Swifts played against Highton Emeralds. Although we didn’t win, it was still our highest scoring game since the start of the Season. Well done to the Swifts team members - you all put in your best efforts - GO SWIFTS!

Rachel

St John's Lollipops

Last night the St Johns Lollipops played the Highton Opals. An excellent game was played by everyone and the girls’ skills showed great improvement. Unfortunately the scores do not reflect the excellent (and at times nail-biting) game that was played. We lost the game with a score of 0-1. Well done girls. We are proud of you!

Jeanette

New St John's Lutheran 7 & Under Netball Team.

Some St Johns prep students recently completed a netball clinic program at Geelong Basketball Netball Centre (GBNC), South Geelong and are now wishing to play in a team. We are looking for some more players to help create a new St John’s Netball team. This team would play in the 7 & Under competition at GBNC on Saturday morning playing at 9am.

If you have any questions or your child wishes to join this team please contact Leeanne on 0409 214 122.

Leeanne

Parent of Xavier J3 & Lachlan S1.

Parents & Friends News

P&F AGM Tuesday 17th November 7.30pm

November brings around the annual AGM for our P&F Committee.

A new executive will be elected. If you have ever thought you might like to get more involved with the School Community now is your chance.

Please come along to our AGM to hear more and support your Parents and Friends Committee.

THIS WEEKEND........Last chance to get tickets

WHERE: Bareena Bowling Club, 89 Noble St, Newtown
DATE: Sunday 8th November
TIME: 2-6pm
COST: $10 per adult (KIDS FREE) Tickets must be bought in advance from the School Office
BBQ: Gold coin donation
Run Geelong with St John’s Team

Are you planning on running or walking at Run Geelong on November 22nd? Register as part of St John’s Lutheran School team and not only are we benefiting the Geelong Hospital but we are also helping our School.

For every 50 entrants in our team, St John’s will receive $250 worth of vouchers for new sports equipment. So get involved and tell your family, friends and running buddies to join our team too.

When you sign up online register as a “Team/School”, and then choose St John’s Lutheran School in the drop down box.

Get your Runners on People, Let’s do it!

Sally, Parents & Friends President

Playgroup News

It would be great to see you at Monday Mingle this term – a friendly and informal playgroup for children under school age. We meet between 9 and 10am on a Monday morning in the School Hall, and have lots of fun planned for this term including the following:

November 9 - Beautiful blossom button craft
November 16 – Colourful stained glass window making
November 23 - Scratchy Christmas card making
November 30 - Outside play at the tennis courts playground - Water balloon fun and magnetic Christmas clip craft
December 7, 9am till 10.30am - Monday Mingle Christmas Party – Christmas tree craft, Christmas stories and songs … and a visit from a very special, very jolly visitor! Please bring a small plate of morning tea to share.

On those mornings we are meeting outside, please bring a hat. Otherwise, all you need to bring is a smile (and we can probably help you with that, if it seems hard 😊). If you have any queries, call Callie or Vicki

Geelong Lutheran College News

Yesterday the planning of our Middle and Senior School students came to fruition with an afternoon’s activities for “Martin Luther Day.” It was great to see our students enjoying themselves, but more importantly, taking responsibility and showing leadership. I hasten to add, however, the day is not so much about Martin Luther as it is about the joy of discovering the goodness of God. This was Luther’s great (re)discovery – that is not about our goodness but all about God’s goodness toward us (Romans 1:17). Thank you to Mr Hedt and the student forum for their planning.

Student leadership is an important aspect of our College. It has been said that leaders are made not born. To this end, our Year 5 and 6 students are participating in a series of leadership development activities today.

Earlier this week it was my pleasure to announce the names of next year’s Captains in the Middle and Senior Schools

Middle School Captains: Jontee and Evette
Senior School Captains: Rhys and Montanna

Thank you to all our students who nominated. It was very encouraging to see the number of nominations for leadership roles and is my desire that all these students show leadership in some way – whether in a formal role or as a responsible member of the student body. Processes for selecting next year’s Primary School Captains will commence shortly.

Looking ahead to next week, our incoming Prep students will commence the first of their orientations toward schooling. A transition day is provided for all of next year’s Prep-Year 7 students on December 8. Parents of students new to the College are invited to contact the relevant coordinator if additional transition arrangements need to be made for their child.

Barry Krueger, Head of School

Extend After School Care News

WEEKLY RE-CAP
This week children showed their individual talents when using the microphone to sing, speak or make unique noises which was a fun group learning experience. The making of bike licences has been a popular activity where children have been developing their writing skills and experiencing real life values and responsibilities. The tomato plants are growing quite quickly and the group got their hands dirty by repotting the plants into larger containers. The outdoor collage is beginning to bloom into a colourful creation. Origami, box car making and replotting strawberry plants will be the starting point of next week’s newsletter.

TERM 4 COMMUNITY PROJECT
Once a year, Extend launches a major Extend-a-hand initiative that equips children to contribute to the wider community. This year we are partnering with Meals on Wheels, so that children in Extend’s program can make placemats for Meals on Wheel’s recipients. Come along to after school care for an opportunity to contribute to this great team project.

EXTEND SUPERSTAR
Our Extend Superstar is: Aria
For her creative and artistic contributions to the Extend Community Project

NEXT WEEK’S ACTIVITIES

Monday
- Marble Painting
Tuesday
- Making box cars
Wednesday
- Child initiated student lead activities
Thursday
- Making Okonomiyaki
Friday
- Straw blowing paint creations
PUPIL FREE DAY
Please note there will be a Pupil Free Day on 20 November at St John’s Lutheran School. Extend will offer a full day service on this day subject to minimum bookings of 12.

Operating hours: 8.00am - 6.00pm
Fees: $65.00
After child care entitlments are applied, including the non-income tested 50% Child Care Rebate you pay between $13.36 - $32.50.

If you would like to book in for this full day service please book online at extend.com.au. As we require minimum bookings for the service to run there are strictly no refunds or cancellations on Pupil Free Day bookings.

Booking close: 13 November

SUMMER HOLIDAY PROGRAM
BOOKINGS ARE OPEN AT A SCHOOL NEAR YOU!
Booking deadlines:
Book for December by Friday 27 November
Book for January by Monday 21 December

Our holiday program bookings are open and there’s a local one near you. All Extend’s holiday programs are open to primary school aged boys and girls.

We have heaps of fun activities planned these school holidays and can’t wait for you to attend! Participate in an epic egg drop challenge, make your own burlap pillow, and play lots of sport including cricket and basketball! Join in on all this and more at Extend’s Summer Holiday Program.

To check out what’s on and where your local program is, visit our website at extend.com.au and book via the Parent Portal.

Traci

Church Information
St John’s Lutheran Church, 165 Yarra Street, Geelong. Sunday worship 9am*. Sunday school runs every week during school term. Office: 5221 5121.


Holy Trinity Lutheran Church, Mollers Lane, Leopold. Worship, 11am every Sunday.

*Please note that St John’s, Holy Trinity and St Paul’s churches are in the process of calling new pastors. A combination of pastors, retired pastors and lay readers are leading these services.

Community News
Information is available on our School Noticeboard for upcoming events in the area. Take a look if you are interested.
- Regional Parenting Service Calendar for Term 4
- TRYSTARS Kids Triathlon Program
- St Peters Football & Netball Club - NETSETGO
- SaverPlus
- Lisa Wang Solo Exhibition at Wintergarden – Opening Evening Sunday 8th November